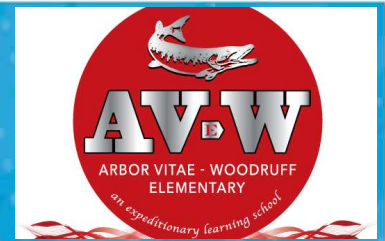




# SEPTEMBER

**ARBOR VITAE WOODRUFF SCHOOL LUNCH**  
 STUDENT: \$3.30 ADULT: \$4.20 MILK: \$.50



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Labor Day</b>	<b>2 Nacho Bar</b> Seasoned Black Beans Steamed Corn Fresh Salad <b>Alt: Cheeseburger</b>	<b>3 Orange Popcorn Chicken</b> Seasoned Rice Steamed Broccoli Fresh Celery <b>Alt: Corn Dog</b>	<b>4 Rotini &amp; Meat Sauce</b> Bread Stick Green Beans Baby Carrots <b>Alt: Chicken Sandwich</b>	<b>5 Pepperoni Pizza</b> Steamed Carrots Fresh Tomatoes WG Cookie <b>Alt: Grilled Cheese</b>
<b>8 French Toast Sticks</b> <b>Cheesy Scrambled Eggs</b> Tater Tots Fresh Cucumber <b>Alt: Chicken Nuggets</b>	<b>9 WG Penne Alfredo</b> Bread Stick Fresh Red Pepper Seasoned Carrots <b>Alt: Cheeseburger</b>	<b>10 Teriyaki Meatballs</b> Seasoned Rice Stir Fry Veggies Fresh Celery <b>Alt: Hot Dog</b>	<b>11 Chimichurri Chicken</b> Mashed Potatoes Dinner Roll Seasoned Corn Baby Carrots <b>Alt: Chicken Sandwich</b>	<b>12 BBQ Chicken Tatchos</b> Cheese Sauce Baked Beans Fresh Tomatoes WG Cookie <b>Alt: Grilled Cheese</b>
<b>15 Crispy Chicken Bowl</b> Bread Stick Mashed Potatoes Fresh Cucumber Garden Salad <b>Alt: Chicken Tenders</b>	<b>16 Nacho Bar</b> Seasoned Pinto Beans Seasoned Corn Salsa <b>Alt: Cheeseburger</b>	<b>17 Teriyaki Chicken</b> Seasoned Rice Seasoned Broccoli Fresh Celery <b>Alt: Corn Dog</b>	<b>18 Loaded Fries</b> Diced Chicken/Taco Meat Wg Dinner Roll Cheese Sauce Steamed Green Beans Fresh Carrots <b>Alt: Chicken Sandwich</b>	<b>19 Cheese Pizza</b> Seasoned Peas Fresh Tomatoes WG Cookie <b>Alt: Grilled Cheese</b>
<b>22 WG Waffle</b> <b>Cheesy Scrambled Eggs</b> Tatar Tots Fresh Cucumber <b>Alt: Chicken Nuggets</b>	<b>23 Mac and Cheese</b> Bread Stick Seasoned Carrots Fresh Red Pepper <b>Alt: Cheeseburger</b>	<b>24 Sweet and Sour Meatballs</b> Seasoned Rice Stir Fry Veggies <b>Alt: Hot Dog</b>	<b>25 Chicken Latin</b> Cilantro Lime Rice Seasoned Pinto Beans Fresh Carrots <b>Alt: Chicken Sandwich</b>	<b>26 Pepperoni Pizza</b> Steamed Green Beans Fresh Tomatoes WG Cookie <b>Alt: Chicken Fried Rice</b>
<b>29 Peri Peri Chicken</b> Mashed Potatoes Fresh Cucumbers <b>Alt: Chicken Tenders</b>	<b>30 Beef Taco Bar</b> Seasoned Rice Pinto Beans Steamed Corn <b>Alt: Cheeseburger</b>		<b>Assorted Fruit Served Daily &amp;</b> <b>1% White Milk</b> <b>1% Chocolate Milk Available</b>	

**K-2**

**Deli Sandwich**  
**Pb & J Sandwich**

**Musky Meals Served on:**

**Monday-Wednesday-Thursday**

**3-8<sup>th</sup>**

**Deli Sandwich**  
**PB & J Sandwich**  
**Entree Salad**  
**Yogurt Parfait**

**ELIOR NORTH AMERICA**

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director at [candace.clark@avwschool.org](mailto:candace.clark@avwschool.org) 715-356-3282 ex 4422