

Happy
New
Year

FOODHALL
January



Woodruff J1 School District
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Christmas Break	3 Walking Taco Refried Beans Sweet Corn Salsa	4 Crispy Chicken Sandwich Fresh Grape Tomatoes Green Beans	5 Mini Corn Dogs Fresh Cucumbers Mixed Vegetables	6 Cheese Pizza Popeye Salad Steamed Carrots
9 Mac & Cheese w/WG Breadstick Fresh Cherry Tomatoes Steamed Peas	10 Beef Taco Seasoned Rice Refried Beans Fresh Carrots	11 Hot Ham & Cheese Tomato Soup Fresh Broccoli	12 Pasta Rosa w/ Meat Sauce Steamed Green Beans Fresh Cucumber	13 Chicken Ranch Flatbread Pizza Popeye Salad Sweet Corn
16 No School In-Service	17 Cheeseburger Baked Beans Fresh Celery	18 Popcorn Chicken w/ Brown Rice Fresh Grape Tomatoes Mixed Vegetables	19 Grilled Cheese Tomato Soup Fresh Cucumbers	20 Pepperoni Pizza Popeye Salad Steamed Carrots
23 Waffles Cheese Omelet Oven Potatoes Fresh Carrots	24 Walking Taco Refried Beans Sweet Corn Salsa	25 Hot Dog Baked Beans Fresh Cucumbers	26 Baked Chicken Thigh WG Dinner Roll Sweet Potatoes Chilled Peas	27 Pizza Dippers w/ Marinara Steamed Carrots Garden Salad
30 Cheesy Baked Ziti Steamed Peas Fresh Carrots	31 Beef Nachos Refried Beans Corn Salsa			

Daily Offerings
School Entree Options:
Deli Sandwich &
PB & J Sandwich

½ Pint of Milk

Mon-Wed-Friday Entree Option
Muskie Meal- Includes Bagel
w/Cream Cheese or Peanut Butter,
String Cheese & Yogurt

Middle School Entree Options:
Monday: Hot Dog
Tuesday: Chicken Nuggets
Wednesday: Cheeseburger
Thursday: Chicken Quesadilla
Friday: Mini Corn Dog
Other Options: Salads & Parfaits

Meal Prices
Student Lunch \$3.00
Reduced \$0.00
Adult Lunch \$4.00
Milk \$.40
Extra Entrée \$2.25

Menu Key: WG = Whole Grain